

## Coach Education in Dorset 2007-08

TAG RUGBY	<b>Tag Rugby</b>				
For: Parents / New Coaches / Teachers of Tag-Rugby					
Assessment: Certificate of Attendance					
Description: The Tag-Rugby Coaching course is designed to help you begin your rugby coaching within the non-contact version of the sport. Tag-Rugby is a 2 ½ to 3 hour practically-based course and will help you move on to the Start Rugby course or Level 1 Coaching qualification. By attending a Tag-Rugby course, you will learn how to deliver elements of the warm-up, handling and small sided games specific to the Tag game. The course is accompanied by a coaching pack and CD/DVD of practices for Tag-Rugby. Contact your local Community Rugby Coach or RDO to run a course at your club or school.					
<b>Date</b>		<b>Time</b>		<b>Venue</b>	<b>Cost</b>
29 September 2007		10:00 - 13:00		Dorchester RFC	£30
27 October 2007		10:00 - 13:00		Lytchett Minster RFC	£30
<b>BOOKINGS: Please contact Hamish Morton (Dorset RDO) on <a href="mailto:hamishmorton@rfu.com">hamishmorton@rfu.com</a></b>					

START RUGBY	<b>Start Rugby</b>				
For: Parents / New Coaches / Teachers of contact rugby					
Assessment: Certificate of Attendance					
Description: The Start Rugby Coaching course is designed to help you begin your rugby coaching and give others the opportunity to enjoy the benefits of the sport. Start Rugby is a 2 ½ to 3 hour practically-based course and will help you move on to the Level 1 Coaching qualification that will further develop your coaching skills and knowledge. By attending a Start Rugby course, you will learn how to deliver elements of the warm-up, handling and contact skills, small sided games and basic coaching processes. The course is accompanied by a pack of laminated coaching cards that easily fit into a coach's pocket. Contact your local Community Rugby Coach or RDO to run a course at your club or school.					
<b>Date</b>		<b>Time</b>		<b>Venue</b>	<b>Cost</b>
Contact RDO or CDO to arrange a course at your club or school (min 12 coaches)					
£25					
<b>BOOKINGS: Please contact Hamish Morton (Dorset RDO) on <a href="mailto:hamishmorton@rfu.com">hamishmorton@rfu.com</a></b>					

LEVEL 1	<b>Level 1 Certificate in Coaching Rugby Union</b>					
For: Parents / New Coaches / Teachers. Candidates are required to be 16 years of age or over before they can be registered for the qualification. It is recommended that coaches new to the game of rugby will have attended either a Start or Tag-Rugby Course before attending a Level 1.						
Assessment: Competency based allowing you to be continually assessed throughout the course. There is also an open book multiple choice test.						
Description: The Level 1 Certificate in Coaching Rugby Union has been developed in conjunction with the Scottish & Welsh Rugby Unions, together with 1st4sport Qualifications. It is a vocationally related qualification studying both practical and theoretical aspects of coaching rugby union. The course operates either as a two day course or an induction evening followed by two (shorter) days. The course is primarily practical based, and you will be given several opportunities to coach and develop your coaching throughout the course.						
<b>Date</b>		<b>Time</b>		<b>Venue</b>	<b>Price</b>	<b>Price (inc VAT)</b>
3, 4 & 5 August 2007		Fri: 7-9pm, Sat/Sun 9-5pm		Dumpton School, Wimborne	£75	£88.13
18, 19 & 20 January 2008		Fri: 7-9pm, Sat/Sun 9-5pm		Dumpton School, Wimborne	£75	£88.13
<b>BOOKINGS: Please contact Helen Gould on 01452 702119 / <a href="mailto:helen.gould@hartpury.ac.uk">helen.gould@hartpury.ac.uk</a></b>						

<b>Beyond Level 1</b>					
For: Coaches who have already completed a Level 1 Rugby Union Coaching Course wishing to continue their development.					
Assessment: Certificate of Attendance.					
Description: 6 unit topics - Continuity, Attack, Defence, Lineout, Back Play, General					
<b>Date</b>		<b>Venue</b>		<b>Workshop</b>	<b>Prices</b>
15 December 2007		Nursted School, Devizes		<b>Developing Play from Scrum</b> <i>Designed to cover attacking and defensive play from the Scrum.</i>	£15 per workshop
15 December 2007		Nursted School, Devizes		<b>Developing Play from Lineout</b> <i>Designed to cover attacking and defensive play from the Lineout</i>	£40 per day
15 December 2007		Nursted School, Devizes		<b>Coaching Continuity</b> <i>Designed to coach different forms of evasion, offload and contact</i>	
16 December 2007		Nursted School, Devizes		<b>Game Sense Approach</b> <i>Designed to help coaches in game-style and player centred coaching techniques</i>	
£15 per workshop					

<b>BEYOND L1</b>	16 December 2007	Nursted School, Devizes	<b>Understanding Defence</b> <i>Designed to help coaches understand and develop different styles of defensive back play</i>	£15 per workshop	£40 per day
	16 December 2007	Nursted School, Devizes	<b>Building Successful Attack</b> <i>Designed to help coaches understand and develop creative back play</i>	£15 per workshop	
	09 February 2008	Testwood School, Southampton	<b>Developing Play from Scrum</b> <i>Designed to cover attacking and defensive play from the Scrum.</i>	£15 per workshop	£40 per day
	09 February 2008	Testwood School, Southampton	<b>Developing Play from Lineout</b> <i>Designed to cover attacking and defensive play from the Lineout</i>	£15 per workshop	
	09 February 2008	Testwood School, Southampton	<b>Coaching Continuity</b> <i>Designed to coach different forms of evasion, offload and contact</i>	£15 per workshop	
	10 February 2008	Testwood School, Southampton	<b>Game Sense Approach</b> <i>Designed to help coaches in game-style and player centred coaching techniques</i>	£15 per workshop	£40 per day
	10 February 2008	Testwood School, Southampton	<b>Understanding Defence</b> <i>Designed to help coaches understand and develop different styles of defensive back play</i>	£15 per workshop	
	10 February 2008	Testwood School, Southampton	<b>Building Successful Attack</b> <i>Designed to help coaches understand and develop creative back play</i>	£15 per workshop	

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<b>LEVEL 2</b>	<b>Level 2 Certificate in Coaching Rugby Union</b>				
	For: Candidates of 18 years of age or over. Candidates should have normally attended a Level 1 Rugby Union Coaching Course, and should demonstrate an involvement with the coaching / teaching of rugby and attendance at coaching seminars, courses or conferences.				
	Assessment: Competency based allowing you to be continually assessed & receive support & action planning throughout the course. Candidates should also fulfil the home-study tasks. There is also an open book multi choice test.				
	Description: The Level 2 Certificate in Coaching Rugby Union has been developed in conjunction with the Scottish & Welsh Rugby Unions, together with 1st4sport Qualifications. It is a vocationally related qualification studying both practical and theoretical aspects of coaching rugby union. The course operates either as a four day course. The course is primarily practical based, and you will be given several opportunities to coach and develop your coaching throughout the course. There are also home study tasks including the planning, delivery and review of coaching sessions.				
	<b>Date</b>	<b>Time</b>	<b>Venue</b>	<b>Cost</b>	<b>Cost (inc VAT)</b>
2, 3, 17, 24 February 2008	TBC	Dumpton School, Wimborne	£150.00	£176.25	

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<b>CLRA</b>	<b>Community Leaders Rugby Awards</b>				
	For: Community Sports Leaders / JSLA				
	Assessment: Competency Based & Certificate				
	Description: The RFU Community Leaders Award can be used as a bolt-on to CSLA courses or as a stand alone rugby leaders course. The course is competence based and includes modules on coaching, refereeing, child protection, community delivery and leadership ethos. The taught element is five hours in duration, during which students prepare for their own two hour community delivery. Contact your local Community Rugby Coach or RDO to run a course at your club or school.				

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<b>OTHER</b>	<b>Coaching Contact / Tackle Safety / Front Row &amp; Scrum Courses</b>				
	For: All coaches interested				
	Assessment: Certificate of Attendance				
	Description: We can organise short courses covering coaching contact, tackle safety and scrummaging locally. Please contact your local RDO or CDO to arrange a course at your club or school. Minimum group of 12 coaches, costs £5 per person.				

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